




St Jude the Apostle Lunch Menu

October 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 Crispy Fish Sticks Cornbread Poppers Grab Bag Lunch Creamy Coleslaw Carrot Coins NY Apple Slices Chilled Peaches NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk	3 Pan cake and Sausage Bites Chef Salad w/ Dinner Roll Veggie Salad w/ Dinner Roll Sweet Potato Fries Cucumber Wheels Lite Ranch Dressing Red Grapes Chilled Mixed Fruit NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk	4 Taco Salad with WG Chips Grab Bag Lunch Salsa Cup Golden Corn Fresh Pear Raisins NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk National Taco Day!	5 Chicken Nuggets w/ Dinner Roll Hummus Lunch Box NY State Green Beans Side Garden Salad Lite Ranch Dressing Fresh NY Apple NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk	6 Cheese Pizza Turkey and Cheese Sandwich Roasted Broccoli Two Bean Salad Assorted Fruit Juices Chilled Mixed Fruit NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk
9  No School!	10 Chicken & Emoji Waffles Chef Salad w/ Dinner Roll Veggie Salad w/ Dinner Roll Sweet Potato Fries Cucumber Wheels Lite Ranch Dressing Applesauce Diced Peas NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk	11 Sweet and Sour Chicken and Rice Bowl Vegetable Egg Roll Grab Bag Lunch Roasted Broccoli Baby Carrots Lite Ranch Dressing NY Apple Slices Chilled Mixed Fruit NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk	12 NY Beef Hot Dog on Bun Hummus Lunch Box NY Green Peas and Carrots Vegetarian BBQ Baked Beans Fresh Pear NY Apple Cider NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk 	13 Cheese Pizza Turkey Ham Sandwich Side Garden Salad Lite Ranch Dressing Carrot Coins Assorted Fruit Juices Chilled Mixed Fruit NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk
National School Lunch Week!				
16 BBQ Chicken Sandwich Grab Bag Lunch Baby Carrots Lite Ranch Dressing Vegetarian BBQ Baked Beans Diced Peas Applesauce NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk	17 Pasta with Meatballs Chef Salad w/ Dinner Roll Veggie Salad w/ Dinner Roll Cucumber Wheels Lite Ranch Dressing Roasted Broccoli Fresh NY Apple Chilled Mixed Fruit NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk National Pasta Day!	18 Cheeseburger Calzone Grab Bag Lunch Golden Corn Baby Carrots Lite Ranch Dressing Red Grapes Assorted Fruit Juices NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk	19 Turkey Corn Dog Bites Hummus Lunch Box Baby Carrots Lite Ranch Dressing Mixed Vegetables Fresh Pear Chilled Peaches NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk	20 Cheese Pizza Turkey and Cheese Sandwich Side Garden Salad Lite Ranch Dressing Seasoned Green Beans NY Apple Slices Chilled Mixed Fruit NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk
23 Sloppy Joe on WW Roll Grab Bag Lunch Baby Carrots Lite Ranch Dressing Golden Corn NY Apple Slices Raisins NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk	24 Hamburger on Roll Chef Salad w/ Dinner Roll Veggie Salad w/ Dinner Roll Lite Ranch Dressing Carrot Coins Two Bean Salad Fresh Pear Chilled Peaches NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk	25 Egg & Cheese on Biscuit Grab Bag Lunch Sweet Potato Fries Side Garden Salad Lite Ranch Dressing Applesauce NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk	26 Macaroni and Cheese Hummus Lunch Box Roasted Broccoli Cucumber Wheels Lite Ranch Dressing Chilled Mixed Fruit Assorted Fruit Juices NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk	27 Cheese Pizza Turkey and Cheese Sandwich Seasoned Green Beans Baby Carrots Lite Ranch Dressing Fresh NY Apple NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk
30 Pasta Alfredo Grab Bag Lunch Roasted Broccoli Baby Carrots Lite Ranch Dressing Chilled Mixed Fruit NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk	31 Crispy Chicken Caesar Salad w/ NY Pumpkin Shaped Pretzel Veggie Salad w/ Dinner Roll Smiley Fries Baby Carrots Lite Ranch Dressing Orange Fruit Gel Cup NY FF White Milk NY 1% White Milk NY Fat Free Chocolate Milk  Happy Halloween!			

Lunch Prices:

Students: \$3.50

Milk: \$.65

Grab Bag:

Yogurt, Muffins,
Carrots, Cheese Stick,
Granola

Hummus Lunch

Box:

Tostitos, Hummus
cup, Baby carrots,
Cheese stick

Milk served w/every meal.

Menu subject to change
without notice.

If you have a food allergy,
please notify us.

This institution is an equal opportunity provider.